A. WILLIAM LUND
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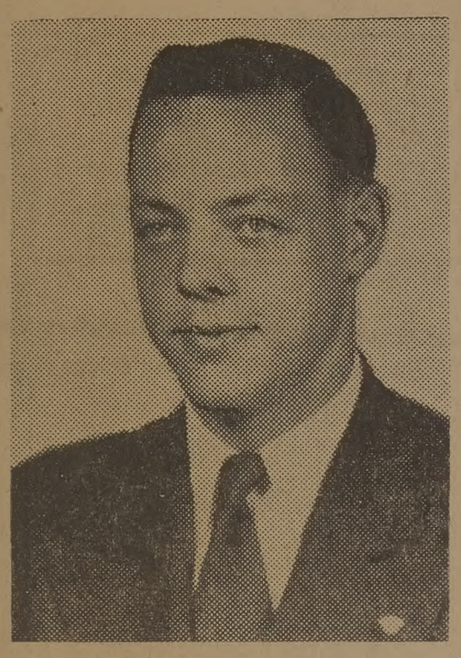
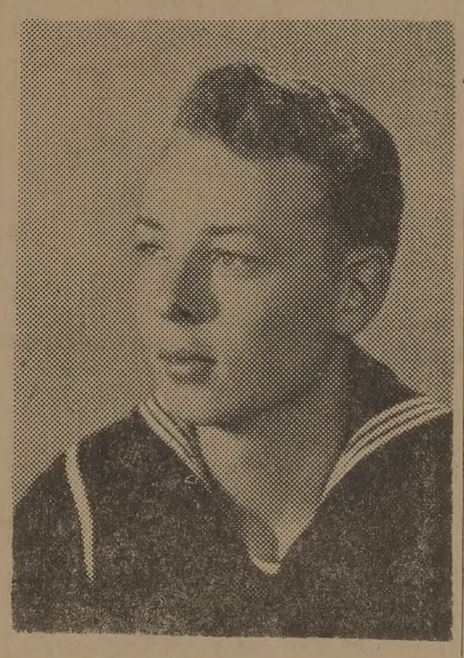
SALT LAKE CITY, UTAH

THE MESSENGER

OF THE OAKLAND & BERKELEY STAKES OF ZION

Volume II. Berkeley, California, January, 1948 Number 7





Two Missionaires From Berkeley Ward Given Farewell Reception

Elders Scott and Gwynn Barrett, shown above, right to left, are missionaires from Berkeley ward. Scott has been in Western States Mission ("the best in the world", he writes), for nearly two years. He presides over a district, with Grand Junction, Colorado, as headquarters. Gwynn left in late December 1947 for his field of labor in the newest church mission, comprising North Carolina and Virginia, and presided over by President Price, formerly head of Phoenix stake, and an old friend of the family. Scott has been a remarkably effective missionary and is highly praised for his labors by other leaders and saints and by the mission president.

Gwynn's farewell party was unusually interesting as well as touching. Particularly stirring were the remarks by Sister Walter W. Barrett, the mother of the missionairies. Her face was glowing with the happiness she declared she felt within her, because Gwynn's farewell was the fulfillment of her hopes and prayers from the beginning. For years she has looked forward to having both these boys on missions for the Church, laboring unselfishly for the spread of the restored Gospel which means so much to every Latter-day Saint. The boys' father, Walter W. Barrett spoke of his joy also in his sons' faithfulness and self-sacrifice. Walterd W. is assistant ward clerk in Berkeley.

CHURCH ADULT OPINION POLL

A ten-question opinion poll given to M Men and Gleaners in wards of Oakland and Berkeley stakes was summarized in the October, 1947, Messenger. Now we present adult answers to the ten identical questions with replies coming in this case from 18 adults in East Richmond ward and 26 in Pittsburgh ward.

1. In regard to things liked in a speaker no real differences in the two polls appear. Apparently our adults join the juniors in a cry for more spiritual, religious, well-organized, meaty, clearly spoken, good natured humor-sprinkled sermons by more humble, sincere, honest, fluent, well informed, and enthusiastic speakers. High in the list is interestedness, and holding to the point with a few good illustrations interspersed in not too long talks having a real scriptural and gospel basis.

2. Pet peeves appear among the adults as with the younger set. Stressed in this class are lack of reverence, whispering, and noise, and too little scriptural preaching.

3. Attractiveness of meetings would be improved by more variety in vocal and instrumental music, (tho some think we need more audience singing,) by choirs, by inviting speakers and also also musicians occasionally from outside the ward, and by more floral adornments. The youths had called for more youth participation and for shorter talks by more than one speaker.

4. In reading scripture 25 per cent of the adults spend no time week in and week out in reading the scripture, while 50 per cent of the youths had reported that deficiency. Coming to the amount of time in this scriptural reading the adults exceed the youth two to three times over, tho the average is still pretty low, somewhere near 30 minutes for the entire week, not each day.

5. Of course adults can report having read more church books than their juniors, for time is on their side. The leading books reported are "Added Upon" (far in the lead), "Jesus the Christ," "Church History," "Restoration of all Things," Gospel Through the Ages," "Gospel Doctrine,"

(Continued on Page 8)

Book of Mormon--What It Means To Me,

We present extracts from letters received by the Messenger in response to our invitation. This invitation is hereby again extended to all of our readers. We urge everyone to give this subject earnest thought and then to favor us with a contribution.

"The Book of Mormon strengthened my testimony and determination in doing missionary work in three states, Montana, Oregon, and California.

"The Book of Mormon caused me to more faithfully study the Bible. It has helped me to become a better Sunday School teacher. It has given me greater understanding pertaining to repentance, and a sincere desire and strength to repent. The Book of Mormon thrills me more and touches my heart more completely than any other book I have ever read."

ALICE KENT BARRY,
Former Missionary of the Oakland Stake.

"1. The Book of Mormon has given me a firmer testimony of the restored Gospel and of the divine mission of the Phophet, Joseph Smith.

"2. The Book of Mormon has strengthened, immeasurably my testimony of Jesus as the Christ.

"3. The study of the Book of Mormon has increased by faith in God.

"4. It has fortified me to withstand temptation.

"5. The Book of Mormon has given me courage to meet adversity."

ELSIE NIX.

—o—

"The Book of Mormon to me is another and more beautifully written witness that Christ lived and died."

MRS. EDNA LANE.

—o—

"How is it that a book whose outward appearances suggest nothing more than a few hours of

(Continued on page five.)

Gold! Gold! Gold! From The American River

REMARKABLE CONVERSION RETOLD BY TEXAN MEMBER

Bell Mathews Beck, now of Salt Lake City, but formerly of Texas, gave a capacity audience December 28 in Berkeley Chapel the thrill of the year so far as testimonies of the Gospel are concerned.

Sister Beck was born and reared in Texas and stated that her conversion came in a wonderful manner as did that also of her father formerly the Reverend J. T. Mathews of Austin, Texas.

Married to a branch president of the Church in Texas, she still harbored the old misinformation and false tales about the Mormons and had no interest nor information in regard to the Gospel. Her husband lived his religion and she now says that this influenced her on the road to accepting the Gospel. "I am now proud of the Gospel, but in those days I had heard so many anti-Mormon tales and especially the sordid ones of plural marriage in Utah, that my feelings were chilled toward Mormonism. After marriage my husband tried to tell me what was in his heart, but I would not listen.

"Finally, during one of our Texas heat waves, he suggested that we move to Utah where we could enjoy cooler weather. I refused point-blank and we had our first quarrel. While he took a walk I began to reflect, and fearing for our marriage, decided to ask the Lord what to do. The impression came that I should study and learn something about my husband's beliefs. The next night I asked him to get a book on Mormonism for me to read. "Added Upon" proved to be the best choice possible. I had never heard the doctrine of pre-existence and this story touched me very deeply. After that I read fast. This religion had something wonderful and I now marvel that I had lived so long without it. Baptism was a wonderful experience to me, but I will not have time to relate that now."

Sister Beck's father, the Reverend Mathews, was quite bitter but said little until she decided to leave Austin and make her home in Salt Lake City. Then, recalling the awful stories about young girls being taken to Utah for immoral purposes, he tried very hard to prevent her leaving; and after she had moved he felt he would never see her again and wept over her supposed loss until one night in his deep distress and while praying he heard distinctly a small voice speak the words, "Weep no more; all is well." He thereupon replied to the Lord that if He would show him the way, he would walk in it.

In a few weeks from this time, the Reverend Mathews and his wife decided to take a new cottage and in the process of moving old books, ran across a copy of the Book of Mormon which a pair of Mormon Elders many years before had given him after he had kindly entertained them one night when they called at his home in Austin. Mrs. Mathews placed the book on the dresser and thought they might read it some time, but when the Reverend saw it, as he was preparing to burn some discarded papers, he said as he took the book up, "We'll let all trash burn today," and placed the Book of Mormon on top of the pile to burn.

He said to himself, "If it is of the Devil, let it burn," but althought the pile of trash burned, this book did not; so he poured oil upon it. When he later again saturated the book with oil, be-

(Continued on page 8)

RELIGION

By JOAN HICKMAN

Gleaner and Gamma Rho Chi Girl
A Sacrament Meeting Talk

This is quite a determining time in my life since in school and out of it I'm changing my ideas and absorbing new ones from different sources; I'm forming my own opinions; questions are being raised that I'm trying to answer.

In this unsettled period my religion has become more important to me than at any other time—yet I even find myself questioning it, wondering about the religion that has always been such a basic part of my life.

I'm not afraid to question Mormonism—it is probably the best thing that I could do, for I'll have to look for the answers. I believe that my faith is strong enough to withstand; I **know** that our religion is strong enough.

I can't help wondering—just how much of an influence religion has been on my life; would I be leading the same type of life without it? What is the purpose of the whole world? How do scientific facts and religious beliefs fit together? I want to reconcile these beliefs with everything else.

Religion, to be of value, must be a working thing; you must not give it the chance to become stagnant or taken for granted. I'm just beginning to realize what a truly wonderful church I am a member of; I realize the comfort in the promises the Lord has given us if we fulfill His commandments; the security in our beliefs of eternal progression and the continuity of family ties; the satisfaction in our concept of free agency.

This is a personal problem and I must work it out for myself. No one can answer my questions for me, and no one can give me faith.

But I know, just as the others who spoke in the fast meeting this morning, that one day I will be able to say, "I have a testimony of the Gospel."

"Gold! Gold! Gold! Gold from the American river!"

"In May of 1848 . . . Sam Brannon . . . strode the muddy streets of San Francisco (and) his bull-like voice shouted the tidings, 'Gold! Gold! Gold! Gold from the American river!' Within a week the city was deserted."

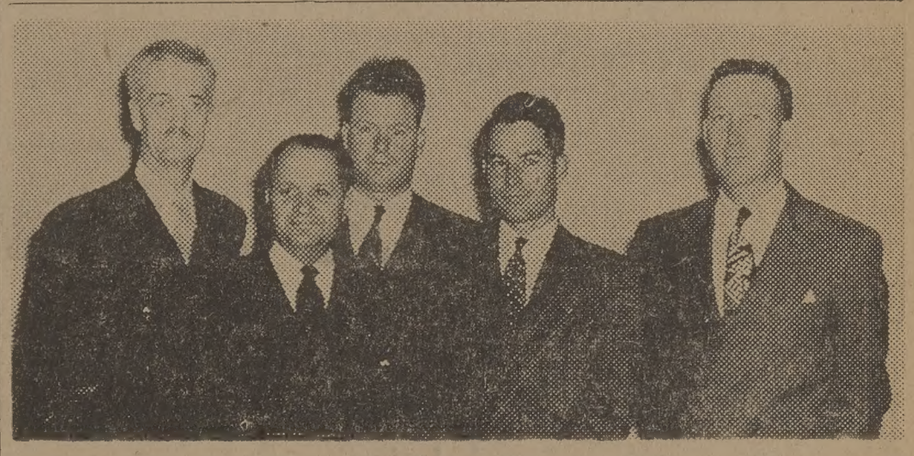
Thus Paul Bailey in his masterly book, "Sam Brannon and the California Mormons" concludes his stirring chapter on the part the Latter-day Saints played in opening to the world the hords of gold that added $500,000,000 to the world's store of the precious metal, made California a soverign state within two years with a boasted population of over 100,-0000, and gave to Salt Lake City its first claim to the now-famed title, "The Cross-roads of the West."

But before May of 1848 and before the "bull-like" voice of Sam Brannon crying "Gold, Gold from the American River," in the streets of San Francisco, came Monday, January 24, 1848, when James W. Marshall and his crew of nine discharged Mormon battalion members and three other white men, building a sawmill on the American river at Coloma, 45 miles east of Sacramento (then Sutter's Fort), "found some kind of metal in the tail race that looks like gold," to quote the diary of Henry W. Bigler, one of the battalion boys, who kept the only record actually made on the spot that fateful day of discovery.

Those nine Latter-day Saints and the score or two of other Battalion members who were soon busy washing gold on famed "Mormon Island" in the American river are worthy of being memorialized by the Saints now in California. They made a distinct contribution to American history.

But they are worthy of being memorialized for something far more rich than the gold they helped to uncover to enrich a nation. They had previously discovered the gold of the Kingdom of God, freshly restored to man. The ramparts of that higher, more glorious Kingdom were then in the deserts of the Great Salt Lake

(Continued on Page 8)



Hayward Ward Now Uses New Chapel

The picture shown above was taken at the first sacrament meeting held in Hayward ward's fine new chapel Sunday, December 22, 1947.

Standing, left to right, are: Stake President Eugene Hilton; Delbert Wright, First Counsellor to President Hilton; Hayward's Bishop, Wilford Webb; Donald B. Burbank Second Counsellor, and James E. Eldridge, First Counsellor.

Photographs taken of the audience were not clear enough for reproducing in the Messenger.

An excellent attendance crowded this first sacrament meeting in the beautiful new building. All feel stimulated now to push the structure to an early completion. The Messenger will then be able to show its readers how nobly Hayward has labored to erect the latest worthy addition to our east bay Latter-day Saint Chapels.

JESUS, MY ALL

O Jesus! Jesus! dearest Lord!
Forgive me if I say
For very love Thy sacred name
A thousand times a day.
I love Thee so, I know not how
My transports to control;
Thy love is like a burning fire
Within my very soul.
Burn, burn, O Love! within my heart
Burn fiercely night and day,
'Till all the dross of earthly loves
Is burned, and burned away.

—F. W. FABER.

THE SONG OF A HEATHEN

Sojourning in Galilee, A. D. 32
If Jesus Christ is man—
And only a man—I say
That of all mankind I cleave to him,
And to Him will I cleave away.
If Jesus Christ is a God—
And the only God—I swear
I will follow Him thru heaven and hell
The earth, the sea, the air.

—Richard Watson Gilder.

The Messenger

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"Behold, I wm send my messenger, and he will prepare my way before me; and the Lord whom ye seek, shall suddenly come to his temple." Mal. 3:1.

Claremont Ward

Mr. and Mrs. J. D. Kingston have moved into their new home located on 6520 Tremont street. Both Mr. and Mrs. Kingston are active in our Ward. May is secretary of the Girls Committee and John is superintendent of our Sunday School. We feel that our Sunday School is deserving of special mention at this time as we are proud of the wonderful work the officers and teachers are doing.

Richard Krabbe was rushed to the hospital to have his appendix removed. Speedy recovery, Richard.

Richard Lawton is our new secretary of Boys' Committee, succeeding Joe Roy Hilton.

Julian Maroni Thomas, a deputy in the district attorney's office, died suddenly December 27th. Although not very active in the ward, Brother Thomas had filled a fine mission and comes of a staunch L.D.S. family in Salt Lake City. Marie Lindsay of San Francisco is a sister. Don Woood, a life-long friend of Julian Thomas, was one of the speakers. A wife and stepdaughter reside at 2412 Durant Avenue.

David Wood will enjoy a ten-day free trip to Honolulu in February, one of a group of 12 Eagle Scouts who are to be guests of the Scout Laymen Council of the Western Region. Congratulations to you, David. Have a good time.

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Berkeley Stake News

● Bishop Finley Pearse of Pittsburg ward, who has been transferred to Houston, Texas by the Shell Chemical Co., will be given a farewell party in connection with his fine family, January 9 at the Masonic Temple, School street, Pittsburg at 6:30 p. m.

● Brother David A. Krogue, father of Mrs. Lucile Ream, Berkeley ward, was given a house party recently on his 85th birthday. He reports that last summer he again spent his time at the Manti temple at which time he was able to complete 63 endowments, and then one in the Salt Lake temple.

● The High Priests Quorum of the stake will hold their quarterly business meeting and entertainment program at Richmond ward chapel, on the fourth Thursday of January, January 22, 1948, at 8 p. m.

● The stake Relief Society Leadership meeting will be held January 9 in Richmond ward chapel, hostesses being the ward R. S. officers of Richmond and of East Richmond wards. Ruth Hilton as a special guest will conduct the literary session.

● The stake Primary Leadership meeting comes January 16 at 1 p. m. at the Berkeley chapel. There will be special teacher training for EVERYBODY. All please come, and kindly note the time is 1 p. m.

● Vallejo ward Junior M Men team has walked off with top honors in the basketball tournament at the end of the first half of the games ending with the Christmas vacation. As a result Vallejo represented Berkeley stake in an invitational tournament in San Francisco late in December. Plans for the second half of the tournament will soon be released. Then comes final play-offs, stake and interstake. Willard Smith represents the stake M. I. A.

● President Wayne Mahew will be in the east attending conventions during the entire month of January, first in Chicago with the Conference of Cooperatives, and then with the National Canners League at Atlantic City. As elswhere noted, President W. Glenn Harmon will also be absent from Berkeley during January in Mexico and Central America. President Emery Ranker will therefore be in charge of stake affairs for the presidency for the month of January, at least.

● The Berkeley stake primary has been honored by the Children's Friend, the monthly periodical for the Primaries of the Church. This particular honor consists at this time of furnishing the picture for the coming number of the magazine. The picture selected by the local Primary officers is that of two children skating and the place happens to be Iceland in Berkeley. The children, both ffrom Claremont ward, are Jean and John Reiche, a boy and girl who are well acquainted with Iceland which is within the confines of the ward. Congratulations to these children and to the Berkeley stake Primaries, and to Claremont ward.

BERKELEY STAKE M-MEN BASKETBALL IN 3-WAY TIE

Ae the end of the first round in the Berkeley Stake M-Men Basketball tournament, three teams are in a tie for first place. Berkeley, Claremont, and Pittsburg are still strong contenders for the top honors in the league. The games during the first half of the tournament have been characterized by good basketball and sportsmanship. All teams seem optimistic as they enter the second half of the tournament.

The games are played each Thursday evening at the Garfield School gymnasium. All interested are invited to come out and enjoy these fine basketball games, for which there is no charge. The schedule for the last half is as follows:

JANUARY 8
7:00 p. m.—Claremont vs. Stake Board; 8:00, Pittsburg vs. Berkeley.

JANUARY 15
7:00 p. m.—Berkeley vs. Stake Board; 8:00 p. m., Claremont vs. Pittsburg.

JANUARY 22
7:00 p. m.—Berkeley vs. Claremont; 8:00 p. m., Pittsburg vs. Stake Board.

Dates for the playoff will be announced later but will probably be on January 29 at the Garfield School gym.

TWO YOUTH PARTIES IN JANUARY FOR BERKELEY STAKE

The younger people of the stake will be happy to know that there are two more interesting parties of the stake recreational calendar scheduled for January!

Saturday evening, January 17, the M Men and Gleaner Girls will gather at the Richmond Chapel, with the Richmond Ward M-Men and Gleaners as hosts for the evening. The program includes dancing, program number and refreshments.

The Junior M-Men and Junior Girls will want to star their calendars for their own party at Vallejo with the Vallejo Ward as hosts. Vallejo has a large, enthusiastic group of young people and an interesting evening of fun and dancing is in store for all who attend.

All boys and girls in the stake, and their friends, are invited to these parties at which excellent opportunities are provided to get acquainted and lean more about the young people of the various wards of the stake.

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A NEW YEAR

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TIME—to figure out mistakes and rectify them.

TIME—to discover shortcomings and overcome them.

TIME—to pause in the program of work and play and make new contacts, form new friendships, and put new life into old associations.

TIME—in your own program of progress to take a step today that will bring you more security—

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David Wood, Eagle Scout, Honored By Free Trip To Hawaii With Scout Leaders

David Wood of Claremont ward, son of Don C. and Annette Wood, will join a group of twelve eagle scouts who have been selected from among scores of runners-up in the western states of Utah, Nevada, Arizona, and California, for a free ten-day trip to Honolulu as guests of the Regional Section of the Layman's Council of the Boy Scouts of America. This announcement comes from Professor W. B. Herms president of the Council.

54 scout organizations sent in names of their favorite eagle scouts for these honors. With the names came also certain required records regarding each boy, showing his scout standing and achievements, his school records, and a letter from his school principal, his church contributions, and community activities in general. Upon these and other data the committee chose from among a large number the dozen fortunate ones from the whole western region.

David has always been a leader and wholesome influence among the young people, having served as student body president at Willard Junior High School. Gifted in music also he now sings with the Berkeley H. S. groups.

Berkeley Ward

Happy New Year!

The Berkeley Ward Sunday School is starting the new year with new plans!

The Priesthood will meet at 9:00 a. m. on Sunday morning and the regular Sunday School will commence at 10:30 a. m. This change of program will be carried out through the year.

Berkeley Ward held a farewell Testimonial for Gwynn Barrett who has entered the mission home in Salt Lake City, Utah, to prepare for a Central Atlantic States mission. Gwynn is a brother to Scott Barrett who is also on a mission and is due home in the very near future.

Sister Bell Mathews Beck formerly of Texas and now of Salt Lake City, Utah, before a record attendance Sunday evening, December 28, bore her testimony to the truthfulness and wonders of the Gospel. She told of her conversion to the Church of Jesus Christ of Latter Day Saints after having married a Mormon in Texas; also of the bitterness and hatred of her father, a Baptist minister, until he too was led into the fullness and glory of the Gospel and became a member of the Church of Jesus Christ of Latter Day Saints. Each one who heard Sister Beck received with her testimony a more complete understanding and thankfulness for the Gospel.

During their Christmas party at the lovely home of Anna Lea Spencer the Sew 'N' Sew club elected new officers to succeed Anna Lea and Roberta Amott. The new president is Merial McComber and the secretary, Clara Corry. The girls in the club have filled two boxes for the needy Saints in Europe and are preparing more to be sent later.

It was good to see so many familiar faces in Berkeley Ward during the holiday season. Many former members were visiting with friends and relatives and many of the young people were home from other schools.

Sudden deaths struck in Berkeley Ward in December, claiming C. Tracy Stout and Clayton B. Turner, two men in their fifties.

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BERKELEY WARD NEWS, Shattuck & Vine, and Other Berkeley Ward Ads

PATRONIZE ALL OUR ADVERTISERS. SAY, "I SAW IT IN THE MESSENGER"

Getting Out The Messenger

A couple of evenings before you receive the Messenger if you should look into the basement at the home at 1612 Spruce street, Berkeley, you would observe the large electric Addressograph machine in action there, and four or five men busy as bees addressing and otherwise readying near 3000 copies of the Messenger.

That fair-haired man (sure there is still a little hair left), running the papers through the addressing mashine is our genial circulation manager, George Bain. Busy sorting, tying and labeling the bundles for the various towns are the other men, a somewhat changeable crew, but always including Roland Correy and I. B. Ball, and sometimes E. M. Gleason, Alfred Cardwell, O. K. Walton, Ariel Anderson, Denzel Allen, Jr., Heber Ellsworth, and others .

After two or three chatty hours work the men see the bundles fully prepared for delivery to the Berkeley post office the next morning.

But weeks beforehand, the fifteen capable ward and two branch reporters, the two stake reporters, the editor and others are actively gathering, writing, editing, and selecting the material. (You will notice the reporters' names and others of the staff printed each issue in the "masthead," at the upper part of column one, page two). Perhaps photographers are doing their part, the St. Helena Star at St. Helena, California, is giving excellent and speedy engraving service, mailing the cuts direct to Suisun.

At Suisun, near Fairfield, about twenty miles east of Vallejo, the Messenger is printed by a LDS family, the Campbells, who own their building, two latest linotype machines, and a total of over $50,000 in printing presses, folding, punching and binding machines. To Suisun copy goes as it is prepared during the later part of each month, and thither also goes the editor one day a month at which time the page forms are made up and proof copy furnished and corrected, galley proofs having previously been corrected.

The 3000 run of the Messenger consumes a total of eight hours on the huge cylinder press (going thru twice), and the folding machine, during which time about 200 pounds of blank white print paper is changed into The Messenger of the Oakland and Berkeley Stakes of Zion.

The cost of mailing The Messenger is kept at less than $5.00 per issue due to the second class privileges secured after long and anxious waiting when even the experienced printer said it could not be done. The financing comes partly from the 4 cents per copy paid monthly by the wards, but largely by our loyal and efficient advertisers, based on the backing of the Liahona club of LDS business men who at the beginning of the revived Messenger, April, 1946, took the fostering of the Messenger as one of their club projects.

Something New In Genealogical Work In The Berkeley Stake

The Berkeley Stake Committee has organized and is conducting a monthly class in practical genealogical research, including actual tracing of genealogy at libraries on both sides of the bay. Open to all the class meets the second Thursday of each month at 8 p. m. The place of meeting changes to the various wards as will be announced in the wards. This will lessen the travel needed, and bring close home to those needing the assistance. The January meeting will be held in East Richmond, January 8, and tentative places for other meetings are February in Vallejo; March in Martinez; April in Claremont; May in Richmond; June in Napa; July in Pittsburg; and August in Berkeley. Lenora Hill, efficient committee secretary, will direct the classes and accompany the class to libraries as may be determined. She is a professional genealogical researcher. Please contact her or High Councilman Nathan Tolman, the Committee Chairman for further details.

Elmhurst Ward

A very successful ward fair was held December 5 with all organizations taking part. A large crowd attended, and everyone was well repaid for their efforts.

December 18 a farewell party was held for Elder James J. McFarlane. A testimonial was held in the chapel with Bishop Glen Shaw presiding. Delbert Wright the Stake Presidency was present, and spoke of knowing Jim since a small child. Ray Darton gave an inspiring talk and helpful advice. Remarks were made by Brother and Sister H. J. McFarlane. Response was given by "Jim" who told of the inspiration he received at the Mission Home, and the wonderful experience and testimony in going through the temple. Refreshments were served in the amusement hall and dancing enjoyed. We all wish him a very happy and successful mission.

A delightful party was given for the Primary children. Santa Claus was present, and each child received a gift of candy.

December 19 our ward Christmas party was well attended by young and old.

December 21 the Sunday School conducted a well arranged program and was gratified to see so many in attendance. The evening program was in charge of Rowena Basinger who presented the Christmas cantata and tableaux, "The Old, Old, Story". Too much praise cannot be given her for the beautiful arrangement presented. Fifty people took part. The "Singing Mothers" were, as usual, outstanding in their renditions, with Stake chorister Rowena Basinger as their leader. This was presented in the amusement hall which was filled to capacity.

The Stake M-men and Gleaners held their Christmas party at Elmhurst amusement hall December 23. A large crowd enjoyed the evening which ended with a big surprise. Jim McFarland announced his engagement to Barbara Ann Elmer, daughter of Albert and Thelma Elmer. Excitement prevailed, and all offered their congratulations. Jim sails for the Palestine Mission January 13th from New York.

Charles Stamps and his family have moved to Alameda. Elhurst is going to miss "Chuc." He has always been a conscientious and hard worker, and has done much for the young people. He has served as second counselor to Bishop Shaw who praises his help and cooperation in everything. We wish them joy in their new home.

"In the Furnace God May Try Thee, Thence to Bring Thee Forth More Bright."

"He purgeth them (His saints) that they bring forth more fruit," is often proven when afflictions open new chapters in our lives, mellowing, refining, elevating, and spiritualizing. Still we often complain and wonder why the Lord deals thus harshly with some of the best souls we know; even our faith is strained at times as was Job's, though in the end we know that he and we are better people for the hard experiences.

We present a notable example of this from the life of one of the illustrious ones of the nation, hoping only that the principle of purification through suffering may be better understood. In "Life," November 3, 1947, the article, "The Roosevelt Legend," contains in part the following story:

"Roosevelt's fondness for all sorts of people, according to Miss Perkins (in her recent book on Roosevelt) is traceable in large part to the attack of infantile paralysis that struck him in 1921. He was then 39, and just the year before, as James M. Cox's running mate, had toured the country as the Democratic candidate for vice-president. The campaign of 1920 advanced Roosevelt's political education by several degrees, but it was his illness, in Miss Perkins' opinion, (as in the opinion of nearly everyone who has written about him), that was the real educative process of his life.

"Franklin Roosevelt underwent a spiritual transformation during the years of his illness," Miss Perkins feels. "I noticed . . . that the years of pain and suffering had purged the slightly arrogant attitude he had displayed on occasion before he was stricken. The man emerged completely warmhearted, with humility of spirit, and with a deeper philosophy. He was serious, not playing now . . . His viability, his power to grow in response to experience, was beginning to show."

Pittsburgers In News As History Contest Winners

The Pittsburg, California "Post Dispatch" of December 9th, displayed a picture of two Latterday saints in Pittsburg who have won distinction. The following comment accompanied the picture:

"Harold Simons, 17-year-old senion student at Pittsburg High school will leave today for Monterey where he will compete in another examination in the national phase of American History Awards sponsored by Hearst Newspapers. Harold (above) shows his award of notification to his history instructor, Miss Virginia Mabey.

"Second place winner, Harold received $150 in savings bonds and a chance to win the capital prize of $2,000 in bonds offered to the winner in national competition. Simons will accompany two other district winners to Monterey. Entries include the best high school historians in the United States, with similar contests set for 13 cities throughout the country.

"Simons is the son of Maj. and Mrs. O. Simons, Route 2, Box 182, Pittsburg. He plans to study engineering at the University of California following graduation in June."

Messenger note: Harold Simons is the son of Major O. Simons, who served a few years ago as first counselor to Bishop J. H. Kirby in Pittsburg ward. When a boy, Harold served as president of his deacon's and teacher's quorums. Harold has two brothers: Calvin and Marlton, both attending the University of California.

Miss Mabey is the daughter of George Mabey (deceased) and Jenny Mabey, and the niece of Chas. R. Mabey, once governor of Utah.

DEBONAIRS DANCE AT CLAREMONT HOTEL

The Debonair dancing club, composed of members of the local colony from both sides of the San Francisco bay, held their December dance in the Florentine room at the Claremont hotel, December 26, 1947.

Favored with the elaborate and artistic Christmas decorations provided by the hotel's decorators, the near 200 members in attendance enjoyed a rare evening together. These dancing parties are monthly affairs and serve well to promote wider acquaintance among the colony members in all this bay region.

Walnut Ck. Branch

Walnut Creek held its second Branch Conference. Attending Stake Officers were Pres. Emery Ranker, Stake Sunday School Superintendent Dillworth Jenson, Ardel Kay of the Stake Mutual Board, and Rebecca Jacobs of the Primary board. The president of the Branch Relief Society, Ema Armtoff, gave an inspiring talk on the activities of the Relief Society. Alice Everett, president of the Primary, gave a fine report on the growth of the primary in the branch.

December 11th proved to be an enjoyable evening for all those who attended the Relief Society bazaar. Under the supervision of Elaine Jenson, a turkey dinner with all the trimmings was served. The proceeds from the bazaar will enable the Relief Society to purchase sewing machines.

A number of our younger set have returned from Utah schools for the holidays. They are Russell Bates, Lu Ann Dalby, Norma Armtoff, Grant Osborn, Ardith Osborn; and Bonnie Williams who is attending the College of the Pacific. We extend our best wishes to them for the coming year. Sister Eggen and her two daughters, Nalgia and Jan, are spending the Christmas holidays in Utah.

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American Indians

The Office of Indian Affairs counts as its wards about 400,000 Indians in the United States proper. The reservations and tribal land areas which the office manages would cover two Pennsylvanias.

The Indian population is scarcely less than half the number that roamed the region in the time of Columbus. In 1492, there were about 846,000 Indians in the area of the present 48 states, enthnologists say.

Through most of the present century, there has been a steady icrease in population on reservations, well distributed among the 150 or more tribes. Health education and medical care have brought Indian birth and death rates in recent years ever closer to those for the nation as a whole.

Thus in total figures, the American Indian is no longer a vanishing race, though many individual tribes have died out, or are represented today by only a tiny fraction of their original numbers.

Some 55,000 Navajos in northern Arizona and New Mexico lead the nation's tribal groups in both numbers and land. Mostly fullblooded, they speak little English. Shifting with their herds according to the season over their vast West Virginia-sized reservation ,they wring a living from the semi-arid hills.

Cherokees, largely in Oklahoma with a remnant in North Carolina, are second in numbers with 50,000. The Sioux, or Dakotas; the Chippewas, centered along Minnesota's Canadian border; and the Choctaws of Okalhoma are other large tribes—all counting 20,000 or more members.

Special High Council Assignment To Wards In Berkeley Stake

The executive problems of administration a stake of over 5000 people are many and varied, and especially in Berkeley stake with its stake-wide building program.

To assist the Presidency in solving efficiently these and other problems, and also to help the ward bishoprics, the High Council members have been given more or less permanent ward assignments, as "extended aids" to the stake presidency, to keep them informed of the problems and doings in the wards and to render advice and help where needed. Under this plan the H. C. members will meet with the bishopric occasionally, and also will strive to know personally the officers and teachers of the ward so that when they can advise the presidency on ward affairs and pesonnel.

These assignments, in addition to the regular speaking assignments are as follows: Berkeley, Nathan Tolman; Clearmont, Kendall Thomas; E. Richmond, Robert Larsen; Napa and Fairfield, Henry Neerings; Martinez, Ira Markham; Pittsburg, Lloyd Johnson; Richmond, William Banks; Vallejo, John Murdock; Walnut Creek, Joseph Eyring.

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HAVE YOU HEARD

● Lester E. Bybee of the Bybee Realty Company of San Francisco and the father of Curt Bybee, the realtor in Oakland, reports that his firm has recently built five new homes in Brisbane, a place between So. S. F. and the city of S. F., and that two more are in the planning stage.

● Elder Stephen L. Richards of the Twelve Apostles and wife will sail from New York for a tour of the Argentina, Brazil, and Uruguay Missions, the first such tour by the general authorities since these missions were opened.

● Over one million people visted Temple Square in Salt Lake in 1947.

● Two seventies in the Ogden Stake Mission have been able to secure 20 baptisms in a twelve month period, twelve resulting from direct missionary canvassing. . . . The first meeting and first baptism on the Fijian Islands is reported as of November 7, 1917 . . . Eight elders have been assigned to labor with the Indians on the reservations in Wisconsin . . Elder Cowley is now visiting Samoa which he reached by plane from Honolulu. . . . Elder Harold B. Lee will attend the S. F. stake conference January 10 and 11.

● The Temple site in Los Angeles has been cleared by the L. A. Planning so that proper zoning there will prevent the erection of undesirable factory or business buildings in the vicinity. Acquired in 1936 the new temple was delayed by the war. Pres. Smith has approved plans to proceed immediately with the construction, it is reported. Due to enlarged population in So.California plans have been altered to allow for a larger assembly room than in any temple except that in the S. L. temple. Harold Burton of Beverly Hills ward is the architect. A chapel for Beverly Hills ward will be erected on a lot adjoining the temple site. . . . St. George temple is being renovated. . . . The tenth hospital built by the Church will soon arise at Mt. Pleasant, San Pete county. Others are at S. L. C., Logan, Ogden, Idaho Falls, Panguitch, Afton, Wyoming., Big Cottonwood and Roosevelt, and one under construction at Fillmore.

● LaRee Tolman, Berkeley ward, has the distinction, we understand, of being our first and only lady realty dealer in this area of the church. She is with Jack Frost, realtor, on Solano avenue, Berkeley.

● Cheney Brothers and associates have built up quite a chip steak business at Broadway where they employ a score or more butchers and cut up many beeves, and slice meat thin into the famous chip steaks sold in butcher shops, and advertised in eating places. A new consumer package of smaller size has proven popular. The Chip Steak Company now supplies eleven large distributing centers from Bakersfield north, operating 26 routes covered by large trucks.

● Dr. Von T. Ellsworth, Berkeley ward, research expert for the stake Farm Bureau, author of countless publications on taxation, and listed in "Who's Who Among Young Americans", reminds us that the California state legislature, in addition to its regular odd-numbered years' sessions, will in 1948 begin its first newly legislated even-numbered sessions. Subjects to be considered in these new sessions are limited by law to revenue measures, state budget, and urgency matters.

● Dr. Ephraim Erickson of the University of Utah philosophy department for 27 years was the speakers before the adults gospel doctrine class January 4 in Berkeley ward, his topic being Distinctive Elements of Mormonism. He said that it is our greatest enterprise to find these distinctive elements. He mentioned our continued stress from the beginning upon community building enterprises, and pointed out the likeness of this feature to the promises to ancient Israel that they should possess a goodly land.

● Mr. Blake of the Berkeley Health Center on Shattuck, Berkeley, has been on some of his periodical business trips. In Salt Lake the company has two health stores. He covers the Pacific coast in the interest of several health food products.

● Robert W. McAllister of the Typewriter Doctors and Stationers at 2419 Broadway, Oakland, has operated his own business for the past six or seven years, having previously managed a business here for 9 years and spent several years with S. F. firms. He came to this area in 1925 from Salt Lake, where he had been in the typewriter field.

● W. Glenn Harmon, president of Berkeley stake, and Thomas E. Ferguson ,Dimond ward, president of the YMMIA of Oakland stake, and author of the latest book, "Cumorah—Where?", together with Professor Wells Jakeman of the BYU, and J. Willard Marriott, of the presidency of the Washington, D. C., stake will spend the month of January and part of February in Mexico and Central America at the various ruins there of ancient American cities. Brothers Harmon and Ferguson will leave San Francisco by plane January 10, and will be joined in Mexico City by the others.

The purpose of the trip is to make a reconnaisance of the archeological zone in the Maya country and its connections with the Book of Mormon. The party is taking along jungle equipment and will spend some time excavating in the vicinity where recent discoveries by Dr. Matthew Sterling of the Smithsonian Institute have brought to light monuments dated 31 B. C. It is noteworthy that these brethern constitute the first LDS group to work in this Maya country who possess an accurate knowledge of the geography of the Book of Mormon, a knowledge gathered largely through the original efforts and study of Professor Jakeman, who is well known locally for his reseasrch work and thesis in this field of study at the University of California, at the time he won his doctor's degree.

● Pittsburg ward's newsy Courier for December 1947, is proud to be able to announce the first two people of the ward who have reported that they have read all the prescribed reading in the Doctrine and Covenants which comprises the current M.I.A. reading course book. They are Wilma and Keith Epling. Congratulations.

● John Martin ,who with two partners, Messrs. Carew and Lenoi, has taken over the chromite and linoleum business on Foothill Boulevard avenue in Maxwell ward territory, now announces that they will open their new store at the corner of Dimond and McArthur in February. Wendell Martin, former proprietor of the business ,reports fine success in his new activities as western states dealer in chromite.

● Salt Lakers will recall the name of Cummings as manufacturers of fine candies there. They were surprised, however, to note the advertisement in the Messenger last issue (and continued in this number) from San Mateo where these famous mountain candies are now available, and selling here against the best local products.

● The Stout Bros. of C. Tracy Stout, the Berkeley tire dealer, who died December 22, are opening their own tire repair and sales business at 2011 Addison street, Berkeley. The brothers are Ernest, Homer and Afton, the latter being the one with the basso profundo voice heard so often in the Mormon Male Chorus, and on innumerable concert and church programs all over the east bay area.

● Archie Inger was guest at a house program at the home of Isaac B. and Rachel Ball Sunday evening after services, December 28. By invitation Brother Inger told the circumstances leading op to his writing his well-known book, "Rejected Crown," and he also displayed a few of his paintings and made interesting comments thereon.

Book Of Mormon, 'What It Means'

(Continued from Page 1)

entertainment—maybe dull, perhaps interesting—can bring to so many people so much in the way of spiritual uplifting and knowledge? Surely I am not qualified to say, but this truth remains, from the pages of a book—The Book of Mormon—people from every clime have been brought to a purer understanding of our Savior Jesus Christ and His teachings.

But "What does the Book of Mormon mean to me? you ask. Now, as I write I feel myself as one who has the "holy grail" within my grasp and yet have not taken hold, for you see, I have not completely read the Book of Mormon. But just that very fact has brought me even closer to my testimony of its divinity for with the little I have read **I know it is of God.** A bold statement, but said with complete confidence.

The Book of Mormon has been a motivating power for good; it has truly been a plan of righteousness so powerful and inspiring that in itself it has set the fire of better living.

By GLORIA MAGLEBY
Berk. Stake M.I.A. Board

Tracy Stout Contributed Much To Building Of Oakland Chapel

C. Tracy Stout, the well-known tire dealer of Berkeley, who died in December, 1947, was one of the early members of the local branch of the Church during and after the first World War. Being a skilled carpenter, as well as a successful contractor, he helped much in the construction of the Oakland chapel which was dedicated in 1923.

First coming to the Bay region as a service man in the first world war, he was a leader among the young men of the camps and succeeded in bringing many of them into activity in the local branch then presided over by Aird Macdonald. He married here at that time before going overseas. About 1922 Tracy and Leah returned to the bay region, and Tracy entered into the contracting business, also helping in the growth of the Church group living in the East Bay region at that time, and in the building of the chapel in Oakland. When the building business slumped Tracy and his brothers entered the tire business, a business in which he was very successful and in which the other Stout brothers will continue to carry on in Berkeley.

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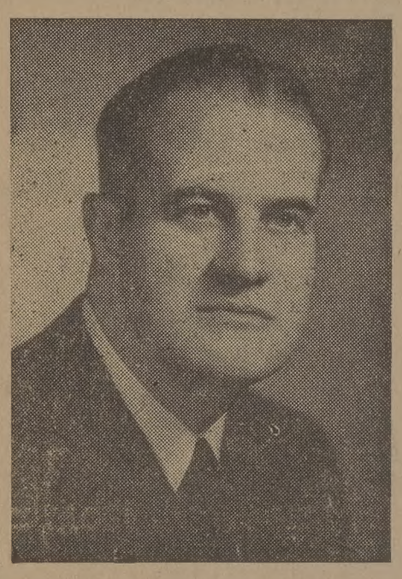
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Starving One's Own Spirit

The scriptures were not handed down to us through blood and tears to be left on our shelves to gather dust. Take the Book of Mormon alone; think of the long labors of Mormon abridging and slowly scratching those engravings on plates he had painstakingly secured and prepared; think of the hard task Moroni had to carry that heavy volume about and to hide it until finally he somehow got it over that long distance from Central America to western New York and up to the top of the hill, burying it in a stone box; think how it lay there protected for about fourteen centuries, and then how that same Moroni, still the guardian of the plates he and his father had given so much to prepare and to preserve, trained Joseph for four years by annual conferences with him on that hillside before he would entrust the youth with them; think of the anguish of soul with which Joseph struggled to learn how to translatae and how to preserve the plates from those fiendish busy-bodies that made his and his family's life truly miserable until finally after nearly three years the book came from the press through the courtesy of one lone rich farmer friend amid the otherwise total neighborhood opposition — think of these things and then see yourself perhaps too negligent even to open the covers of that precious well of the waters of life, but letting it lie there gathering dust month after month, while you all the while, perhaps, are going about wondering why you cannot get the testimony of the truthfulness of this latter-day work and the joy of the light of Christ shining and burning in your heart.

What does our public opinion poll show us as to how the flower of our LDS youth are treasuring this "blood and sweat" transmitted book? Fifty per cent have not so muchc as read it nor are now reading one minute in it, not to mention reading the Bible and the other scripture. And still they in their hearts desire nothing so much as a joy in the gospel—they really do, for they are never-endingly searching their souls for certainties of their spiritual life, restlessly tossed on the seas of youth's alternating doubts and warm beliefs, mostly famishing for spiritual food and drink that lies not far from them all the time, but sealed from their eyes by a terrible neglect which began perhaps, not in themselves but, sad to think, in the neglect of their own families to read and to searchc for the gems in the gold mines of the holy scriptures: families that would not be guilty of starving their babies and children of the foods of the table, but who, unwittingly, are nevertheless starving them most tragically of that which the Savior meant when He said, "Thou shalt not live by bread alone, but by every word of God." Are you, too, starving your own spirit?

READING THE SCRIPTURES HELPS TO AVOID TEMPTATIONS.

What is the soverign cure for doubts and the golden answer to doubters; what is the best suit of armor against the darts of temptors whether in human or fiendish form? READING THE SCRIPTURES UNTIL YOU LOVE THEM AND THEIR NEPHIS, ALMAS, HELAMANS, JOSEPHS OF EGYPT AND OVER ALL THE JESUS OF NAZAETH, THE PARABLE - SPEAKING JESUS, THE SERMON ON THE MOUNT JESUS, THE MOUNT OF OLIVE JESUS, THE FORGIVING JESUS.

With His Spirit with you, "temptations lose their power," and doubts are gradually and certainly resolved, and lost in the brightness of His certainties.

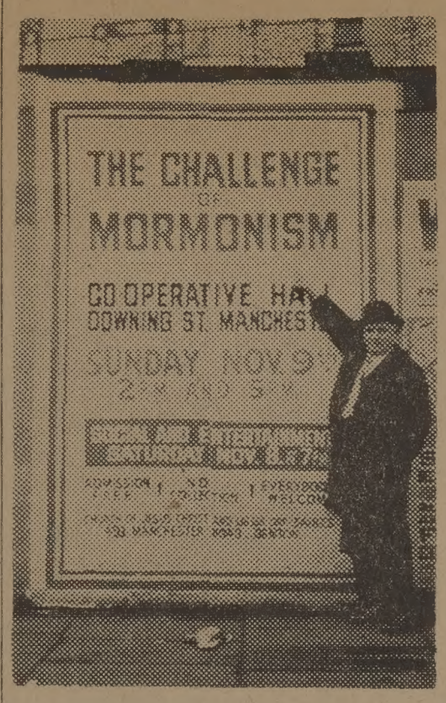
Dr. Spurgeon, a great Protestant evangelist, once said, "Some people leave their Bible until the dust is thick enough to write upon, and the word that shall be written thereon is 'Damnation'."

Let a daily drinking of the waters of life in our beautiful scriptures be to each of us a constant refreshment.

LIFE IN ENGLAND AS ONE ELDER FINDS IT

"We cannot get anything good in this country, but have to take what we can get", says Elder Joseph H. Crowther ("Harry" to his Berkeley friends) in a Christmas letter to the Messenger, but he continues "We have a grand lot of saints and elders in this Norwich district where George Southgate used to live. I have found a lot of people, and a lot of church people who used to work with him. The people here are very hard to teach the Gospel to. They are not interested in religion at all. We just cannot get to talk to them". He concludes, "We are all fairly well, and looking to the time when we can be with the good people of Berkeley again."

Geo. W. Bruerton



ENGLISH BRANCHES BEING REVIVED

From an attendance of 900 at meetings in Manchester England, Church services, the count had dropped to about 80, but now several months of hard work by the 13 missionaries there under Elder Bruerton of Napa the attendance is coming up again, being at present about 175.

One of the means employed to stir up interest, and attract the members who may not know of the revival of the branches, many billboards about the city have been used. One of these is shown in the picture seen above. That is Elder Bruerton standing in the picture.

Street meetings also are in the program, and the results are shown clearly. Birmingham also is in the program. Local pulpits have been opened to the elders, because, in some case, the congregation have no minister.

"What England lacks is an understanding of the being and nature of God. It is simply staggering to realize the depths to which this land has sunk in the last 36 years. Literally millions now engage in gambling in football pools, dog and horse racing, etc., and this is condoned by the government.

"Where in 1910 there were 1000 divorces, now there are 50,000. Church attendance is extremely low and the spiritual leaders only scold and bemoan," says the letter from Elder Bruerton to President Mayhew, in appreciiation for a box of food that had been sent.

He adds, "While food conditions are not good, there is no serious shortage of the essentials which are rigidly controlled by rations: bacon ,2 oz. per person every two weeks; butter, 3 oz. per week; lard, 1 oz.; meat, a small roast for seven people once a week, and a few chops in the mid-week. Still I am keeping my weight; plenty of fish."

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    Villa's Market, P. 2.
    Albert's Produce, P. 3.
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Mission Notes No. California

President Campbell of the Sequoia district, Porterville, California, delivered 174 cases of oranges in San Francisco for the use in the Northern California Welfare work. President Ellsworth of the Northern California Mission recently spent five days in that fine district. Sunday, December 28 President Ellsworth spent the day, part in Pacific Grove and part in Santa Cruz.

President George R. Richards of the Quorum of the Twelve and his "new" wife flew in from Honolulu, December 19, whither they had gone to attend a stake conference and to visit the island's temple. They spent a day at the Mission home, and then took train for home in Salt Lake City.

President Ellsworth has been busy getting passports for Elder Stephen L. Richards of the Council of Twelve Apostles, and Mrs. Richards for a visit they are soon to make to South America. A fellow Apostle, Mathew Cowley, left on December 15 for Tahiti in company with Elder Frank J. Fullmer, the Salt Lake contractor. who goes to Tahiti to erect the great Mission and branch chapel and other buildings there which in beauty will resemble the famous Hawaiian stake building in Honolulu.

During the week of December 15 President Ellsworth and the office force went to Ukiah where a meeting and banquet were held at which it was announced that $8000 and 40,000 feet of lumber were now available for the proposed new chapel in Ukiah. Three chapels located respectively at Redding, Santa Rosa and Grants Pass, all the architectural handiwork of Theodore Ruegg of Berkeley ward, are nearing completion, as is also chapels at Ashland, Tula Lake and Lake View.

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No. Calif. Regional Welfare News

● Sacramento stake has purchased a 10-acre olive grove near Roseville, California which will be operated as a project by the High Priest's quorum. The price paid was $8,000. The oil produced on this project will supply the olive oil used in all the temples of the Church.

● The 1948 Regional Welfare Budget assigned to this region by Elders Lee and Eardley has been broken down and assigned to the six stakes. The total budget is $35,000 of which Berkeley Stake's share is about $8,500, and Oakland's share $7,500.

● December 15 a large shipment of food from this region was sent from San Francisco bay by ship direct to Tahiti to our members there who were in dire straits. The shipment was handled by President Barton of S. F. under direct instructions from Roscoe W. Eardley of the General Welfare Committee.

● On December 24 a 5½-ton truck load of oranges which had been donated to the welfare program by the Porterville branch of the Northern California Mission was distributed to the four bay area stakes: 48 boxes each to Berkeley and Oakland stakes, and 30 boxes each to Palo Alto and S. F. stakes.

● The new welfare center in S. F. is a great credit to the stake and promises great things for our own region, especially in its cabinet making and its equipment for heavy serving work.

Pittsburg Ward

The priesthood's new plan of meeting at nine o'clock had an encouraging beginning in Pittsburgh, January 4, when a large attendance was noticable.

James Laird Duthrie has been called as stake missionary in the Brentwood area. He was set apart as a seventy by Apostle Lee last conference. The Sunday school and Primary at Brentwood are in a thriving condition with from 30 to 40 in attendance as a rule. Bishop Pearce visited there recently and expresses the opinion that the time will not be long until Brentwood will become a full-fledged branch by itself.

The Pittsburg chapel is now already for occupancy by the ward with the exception of the utilities, and they will be installed in about a month. The two buildings that were also given to the ward by the army have been dismantled and the salvaged material moved to the chapel site ready for use in further enlarging the chapel with additional rooms. The tract of land has been returned to the owner by the government, the C. A. Cooper company, so that the title can now be passed to the Church in proper form.

Bishop Pearce and family will leave for Houston ,their new home, about the 15th of January. The whole ward is saddened by this great loss to the ward. We all unite in wishing them all the best in the world in Houston, Texas, where Brother Pearce is to enjoy advancement with the Shell Chemical company. Bishop Pearce has received word from President Glen C. Smith of the Texas-Louisiana Mission that the Houston branch is large enough to divide into two branches, at this time, and that makes us wonder who may be called into the leadership of those branches. Nearby Houston also are smaller centers where LDS meet together. Glen Shaw of the Martinez bishopric is also with the Shell company and thus the Pearce family will have at least some old friends near at hand.

Dimond Ward

We congratulate Sister Martha McKaig on the recent baptism of her husband, Reginald. He is eighty-one and she is eighty-two and they recently celebrated their fifty-fifth wedding anniversary. This makes us all happy. We wish this fine couple continued health and happiness. We also welcome Brother McKaig as a new member of the Church.

Ruth Swanson is the new manual counselor for the Y. W. M. I. A., taking the place of Mildred Morgan who recently moved to Alameda.

A fine cast of numbers under the direction of Sister Thelma Peterson is preparing the play "What Doth It Profit", to be given in our ward January 29 and in other wards on the 30 and 31.

The presidency of the 247 quorum of Seventy remind the 70's of the monthly meeting and social, Saturday, January 17, at 8:00. A book review is being prepared for their ladies.

A new genealogy committee chairman, E. K. Ferguson, has been chosen. He is fitted for the job as he held the same position in Oakland Ward.

Bugs Cain is coming to M. I. A. soon to talk to the Scouts on Nature Study. The Scouts are planning an industrial hike to the Colgate-Palmolive-Peet Co. sometime this month.

Lowell and Dorothy Kilner Perkins and son visited in Dimond on their way to Fresno where they are buying a home. Their many friends were happy to see them after their stay in Montpelier, Idaho.

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FOOD NUTRITION

With Tested and Tasted Recipes

By IRENE RANKER.

From a nutritional standpoint purchasing whole wheat and making it possible for the people to use it, is a step in the right direction. In the average family, meals are largely made from devitalized products such as white bread, crackers, macaroni, breakfast cereals, pastry, and other packaged goods, convenient to purchase and easy to cook. These foods have been robbed of their health giving elements either for commercial gain, convenience, or keeping quality. Let us learn to use whole grain products in our meals now, and not wait for an emergency.

To secure the full value of wheat we should eat the whole grain, which consists of the bran, germ and the endosperm. The bran contains vitamins of the B complex, iron, calcium, phosphorous, copper, protein, and bulk forming carbohydrates. The germ or embryo, the heart of the wheat, is rich in protein, vitamins B and E phosphorous, iron, copper, carbohydrate and fat. The wheat germ is one of the richest natural sources of vitamin or vitamin B1. The white center of the wheat kernel is composed mainly of protein and carbohydrates, the starch used by your body for energy. But you must also get vitamin B1, found in the heart of wheat to help your body use the starch.

In making white flour the bran and the germ are taken out, and only the white center containing starch and some protein in the form of gluten, remains. To help to protect the health of the people as a war emergency measure, millers were required to replace artificially some of the vitamins and minerals taken out of the wheat in making white flour—but not all of the lost nutritional value can be put back artificially. So to secure the full value of wheat, we should eat the whole grain.

Cooking is the creative part of housekeeping. Learn to know the joy of baking. Make an extra loaf of bread—share it with your neighbor. Also when you learn of some appetizing recipe for using whole wheat ,send it to the Messenger and share it with all of our readers.

FRUIT NUT BREAD

1 cup choppea aates, 1 cup raisins, 1 cup boiling water, ½ tp. soda, ½ cup brown sugar, 1 tb. butter, 1 tp. baking powder, ½ tp. salt 2cups wholewheat flour, 1 egg, ½ cup chopped walnuts, 1 tp. vanilla.

Pour boiling water over the fruit, sugar and butter, then add the soda. Let stand while sifting dry ingredients and oiling pan. Add dry ingredients to fruit mixture .Fold in vanilla and beaten eggs. Pour into loaf pan and let stand five minutes. Bake 1 hour at 350 degrees .This makes one large loaf.

Duane and Marge Crooks, Bob and Evelyn Kest, Bert and Donna Heath, and Noami Booth send their greetings from Provo where they are attending the B. Y. U.

Stake conference comes again, Saturday and Sunday, January 25 and 26. There will be Sunday School for the children in the ward. Only two conference sessions Sunday moring and night, will be held.

Note the new baptismal time for our stake. 6:00 at the Oakland Chapel the Saturday before each fast Sunday.

Work parties are organized each Saturday to work on the welfare farm. Anyone interested contact the ward work director, Glenn Rounds.

Sister Emma Matheson has had her father, Arthur Lawrence, visiting her during the holidays.

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WHOLE WHEAT ROLLS

1 yeast cake, ¼ cup honey or ½ cup sugar, 3 eggs, 1 cup milk, ½ cup crisco, 1 tp. salt, 2 cups wholewheat flour, 2 cups white flour.

Scald milk and add crisco. Crush yeast with honey, add beaten eggs. Pour honey mixture into milk when milk is luke warm. Add flour(sifted before measuring) with salt. Knead well. Let double in bulk. Shape in rolls and place in buttered pan. Cover, and set in warm place until light. Bake in moderate oven over 350 degrees or 375 degrees until brown.

This recipe may also be used for cinnamon rolls, or orange rolls. For cinnamon rolls, roll dough on floured board. Spread with cinnamon filling made with two tablespoons of melted butter, ¼ cup sugar, 1tp. cinnamon. Roll as for jelly roll. Cut into one inch slices and place side down in buttered muffin pans. Let rise in warm place until light. Bake in moderate oven until light brown. (About 20 minutes). Nuts and raisins may be added to filling if desired.

WHOLE WHEAT COOKIES

2 c. whole wheat flour, ½ t. soda, 1 t. cinnamon, 1 t. nutmeg, ½ t. salt, 1 egg, 1¼ cup sugar, ½ cup shortening, ½ c. sour cream, 1 cup raisins, ½ cup nuts.

Sift dry ingredients, add shortening, and mix as for pie crust. Whip egg and add sugar and sour cream. Mix with dry ingredients. Drop by spoonfuls on a cookie sheet. Bake at 375 degrees until light brown.

YOUTH

Youth is not a time of life . . . It is a state of mind . . . It is not a matter of ripe cheeks, red lips and supple knees. . . It is a temper of the will, a quality of the imagination, a vigor of the emotions . . . It is a freshness of the deep things of life.

Youth means a temperamental predominance of courage over timidity, of the appetite for adventure over love of ease . . . This often exists in the man of fifty more than in the boy of twenty.

Nobody grows old merely living a number of years . . . People grow old only by deserting their ideals . . . Years wrinkle the skin, but to give up enthusiasm wrinkles the soul . . . Worry, doubt, self-distrust, fear and despair—these are the long, long years that bow the head and turn the growing spirit back to dust.

Whether seventy or sixteen, there is in every being's heart the love of wonder—the sweet amazement of the stars and star-like things and thoughts . . . The undaunted challenge of events, the unfailing childlike appetite for what next, and the joy and game of life.

You are as young as your faith—as old as your fears—as young as your hope—as old as your despair.

In the central place of your heart there is a fireless station. . . . So long as it receives messages of beauty, hope, cheer, courage, grandeur and power from the earth, from man, and from the infinite, so are you young.

But when the fires are all down, and the central place of your heart is covered with the snows of pessimism and the ice of cynicism. . . . Then you are grown old indeed. . . . And may God have mercy on your soul. —ANONYMOUS.

E. Richmond Ward

The ward held a very merry Christmas party under the auspices of the Sunday school and Primary associations, where a lively program was given. Gifts of candy and fruit were received by all the children.

The joint New Year's eve party of the East Richmond and Richmond wards was a lovely affair, at which everyone had a fine and jolly time. Leonard Bradeson was master of ceremonies.

Our former Bishop Glen Umberger and family left Tuesday, January 6, for Salt Lake City to make their home. We all wish them success in their new venture.

Members of the ward who spent their Christmas holidays in Utah were: Sister Naomi Layton and sons, Herbert and Winn; Wallace and Mildred Anderson; Sister McDaniels, Lois Isaacs and many others.

We are proud of Lois Isaacs who won a scholarship at the University of California for the highest credits in Home economics, in which she is majoring. The prize was three hundred dollars.

Three of our young men were advanced in the priesthood from deacons to the office of teachers. They were: Jay Aiken, Firsteen Lane and Dean Madison.

Brother Glen Zwiefel and his wife went to Pocatello, Idaho, to attend the funeral of her father and brother, who were killed in an automobile accident on December 29. Her mother, Mrs. Withers, was seriously injured in the same accident.

At the December fast meeting nine babies were blessed.

Martinez Ward

Recent births in Martinez ward include: November 2, Janet Deeann Mosier, blessed by her father; December 7, Gail Ann Streeder; December 18, Terry Neil Carlston; January 4, Catherine McIntire, blessed by her father, Bishop McIntire.

The Junior girls of the ward will sponsor a Sweetheart ball, Friday, January 23, with an orchestra and beautiful decorations. The activity group will sponsor a progressive dinner within the next two or three weeks.

Basketball games are being held the second and fourth Saturdays of each month at the Martinez junior high school gym. All invited to come and see some action.

Seventy-five attended the grand New Year's ball. Of the three-piece orchestra, two members were our own boys, Blair Hansen and Douglas Jeppson. Father Time was played by Ira Markham and the New Year baby by Patricia Ann Roskelley.

At the Fireside installation held January 2, Don Robinson was elected president, Nancy Dahlin, secretary, Jo Ann Knowles, treasurer, Bob Von Dorp and Barbara Roskelley, publicity chairmen, and Sharon Dolan, hospitality chairman.

The entire ward is sorry to lose the help and inspiration of Grant B. Shaw and his fine wife. He has served long and well as counselor to the bishop. However, since the move to Houston is in the nature of a promotion, we rejoice with Brother Shaw and hope to see his continued progress. We understand that the branch in Houston of the Texas-Louisiana Mission under President Glen Smith is in a thriving condition large enough to form two branches in the near future. Bishop Finley Pearce of Pittsburg is also moving to the same city with the same company as Brother Shaw, and we predict that they will be called into responsible positions there in the Church.

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Richmond Ward

December brought every organization in the ward into unusual activity. The Mutual Christmas party and play held on December 17 was a huge success. Also recently put in force at mutual is a contest between the special interest group and other classes, to see which group can increase attendance the most. The reward will be a turkey dinner supplied to the winners by the losers.

A large crowd attended the Relief Society bazaar and almost everything was sold.

On December 22, the primary presented an original operetta. It was written and produced by Aleen Wightman. The children and teachers who presented it to a very large and pleased audience, deserve a lot of credit. Santa Claus arrived that night and gifts of candy and nuts were given to all.

Outstanding this month was the ward conference held December 14. It was very informative and inspiring and the procedure different.

Congratulations to the High Priest Quorum which is 100 per cent active in our ward.

Congratulations also to the Virgil Youngs on the birth of a baby daughter.

Richmond and East Richmond Wards combined on a gala dance to hail the entry of the New Year. It was an exciting and enjoyable occasion.

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Mormon Doctrine As One Sees It

"Salvation is for a man to be saved from all his enemies," said Joseph Smith (Hist. of the Church, Vol. V, p. 403). "A man's enemies include Satan, evil men, and evil spirits, and his own untamed appetites and greeds!" declared W. Glenn Harmon in a funeral address, December 15, 1947, and he added: "A man must gain dominion over his inner enemies as well as the enemies outside of himself. This is to be truly victorious, and is the meaning of salvation in the enlarged sense used by the Prophet."

That is in harmony with the statement made by the angel to King Benjamin: "The natural man is an enemy of God . . . unless he yields to the enticings of the Holy Spirit . . . and becometh as a child." (Mosiah 3:19). This natural man is constituted of those inner greeds and appetites mentioned above, and by man's untamed prides, fears, jealouslies, hates, and other passions, all of which were likened by wise old Plato to wild horses. When tamed these natural urges become the power houses of all the virtues, love, aspiration zest, caution, humility, charity and self-confidence.

"Greater is he that rules his own spirit than he that taketh a city," is true because then such a one can be said to be saved, victorious over his most subtle enemies, traitorous, inner enemies who would betray their own stronghold to the arch enemy, Satan. We now see more clearly the deep truth lying in the Prophet's declaration, "Salvation is for a man to be saved from all his enemies."

Alameda Ward

Alameda ward is going full steam ahead in the demolition and salvage work at Shoemaker on the huge Army club building of dimensions 180x75 ft. For five weeks crews of the bretheren numbering 30 to 40 have faithfully gone there Saturdays to gain much needed exercise, enjoy association with one another, and also help in salvaging building materials of a net value over $14,000. In three or four weeks, it seems, this work will have been completed, at which time work on the new chapel in Alameda will immediately commence. Clearances have already been received from Salt Lake and the green light is now shining to go ahead on the new structure for worship and recreation for the members of the Alameda ward.

A beautiful marriage ceremony united Alene Yates of Alameda and Hugh Rhodes of Los Angeles Friday, December 19. Betty Goodman was also united in marriage to Irving Kimball at the Goodman home in Alameda January 3. Irving is in the Navy. They will make their home in southern California, much to the regret of all because Betty has become a popular favorite among the young people. Friday, January 2 an elaborate shower was given her by Maurine McKinley and Dorothy Lane at the McKinley home.

Alameda ward has now cast up its books for the yar 1947 and in comparison with the other wards of the Oakland Stake, is glad to announce a fine record in fast offerings. In fact it is a record not excelled in the stake. Bishop Winkel gives credit in large part for this fine standing of Alameda ward to the efficient work of the deacons who faithfully visit the home of the saints on fast days, a task which they seem to like to perform for the benefit of all.

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Oak. Stake News

● Dick Hatfield of the M. I. A. stake board, announces that a dance is held at the Oakland recreational hall every Friday night on which there is no conflict with any stake or ward event. These Friday night dances in Oakland ward hall are proving popular. There is no charge, the music coming without cost from the excellent juke box owned by the stake.

● A new Oakland Stake directory is in the making. All material must be in as soon as possible and not later than January 20, 1948. Send everything for the new directory, including advertisements to the stake slerk, Paul J. Hallman, 333 Florence Avenue, Oakland 11; phone Hum. 3-1106.

● Radio station KONG in Alameda on Frequency Modulation (FM) has allocated time at 3 p. m. each last Friday of the month to the Latter-day Saints. Bishop Winkel opened the programs recently, and Ted Hilton has spoken once. These programs are to be under the direction of the Seventy quorum of Oakland stake.

● Iiola Smith who has served long and skillfully as the Girls' Junior leader of the stake M. I. A. has been released, and Flora Sears sustained in this position.

● December 16 the Beehive Girls of the stake were entertained by the Beekeepers in Oakland ward chapel. Moving pictures, games, and refreshments filled a very lovely evening.

● January 9 the Junior Girls and Senior Scouts of the stake will enjoy a dance at the Service Men's Home, 1836 Alice street, Oakland.

● February 6 has been set as the date for the Junior Girls' formal Rosette ball.

● February 14 the M Men and Gleaners Sweetheart Ball will be held.

● January 24, 25, 1948 the Oakland stake Quarterly Conference will be held under the new schedule. No mothers' and daughters' meeting will be held and the 9 o'clock priesthood meeting will not be held. Also note that no 2 p. m. Sunday session will be held. But there will be held the usual 7:30 p.m. Saturday priesthood-leadership meeting and also the 10 a. m. and the 7 p. m. sessions on Sunday. The ward Sunday Schools are not to be closed, except the Gospel Doctrine classes.

● December 30 Charles I. and Rhea Gustaveson, he of the high council and she the stake Messenger representative, left to spend the New Year festival season with their relatives and a host of old friends in Long Beach where they lived for over twenty years before coming to Alameda two years ago. New Years' eve featured a great stake party in Long Beach. New Years' day the Gustavesons with relatives enjoyed the famous Rose Bowl Floral parade in Pasadena.

● The Stake Primary Party, held in conjunction with the Union meeting December 5 was a happy affair indeed. Fifty attended and were gretted with a "depression" Santa Claus to the merriment of all. Officers of the wards were the hostesses, and served delightful refreshments.

● W. Wallace Jones, wife and two sons aged two and four, will move onto the Oakland stake farm near Hayward, it is announced. Brother Jones is an ex-service man, and was raised on a farm near Ogden not far from President Delbert Wright who is therefore acquainted with the family. The Jones have recently sold their home and feeling that he would like to do something for the welfare program of the Church he and his wife decided to volunteer to fill the place on the farm for a period of time. He will work afternoons and evenings away from the farm, and will have the forenoons to supervise the activities of the quorums, etc, who will carry on various operations of the farm under the general direction of the Bishop's Council of the stake. Plowing has been completed, we understand.

● About twenty of the brethren of Oakland stake have been faithfully going to work on the stake farm below Hayward. As a result of their many Saturdays' work several old buildings on the farm have been taken down and their lumber salvaged, including one section of the barn, the old well house, the wind mill, and the pigeon house, besides this, the orchard pruned, and properly sprayed and the land plowed. The cottage on the property has been cleaned up and repaired. Plans are being executed that will eventually make two modern apartments in the large house, each with gas and electricity, and modern plumbing. In one of these apartments the Jones family will reside, he having general supervision of the farm; in the other apartment will dwell the other family yet to be selected who will have direction of an extensive poultry project.

The stake farm owns a modern tractor with bottom plows, hydraulic lifts, disc plows and a cultivator, and many other helps in the way of equipment. The main crop on the farm this year will be sugar beets, a sugar beet factory being about two miles from the farm. Some truck crops and tomatoes will also be grown to supply the welfare budget; as mentioned above one of the permanent projects will be poultry.

● To date the wards of Oakland stake have raised $60,000 in cash on hand for the inter stake tabernacle. Two wards have completed their assessments, one being Oakland ward, which under the leadership of Tom Pine, chairman of the committee, has raised in cash $13,500; the other ward is San Leandro.

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Elder J. R. Nielsen

Vallejo ward, among its excellent group of missionaries in the field, can report some unusual experiences on the part of Elder J. R. Nielsen, son of those talented and tireless Church workers, Harvey and Almeda Nielsen. He is laboring in the Eastern States Mission, and living at Philadelphia. Writing under date of October 6, 1947, he announces, "Well, the tour is over. and it feels good to be able to sit down and write you a letter again after such a long time."

The tour was that of an Elders' Chorus sent through the Mission by President Doxey. The chorus covered 24 cities, gave 29 radio broadcasts, and 41 other performances, such as Junior and Senior high schools, Lions, Rotary, Exchange and Advertising clubs, and two theatres with audiences up to 1300 at a time. Besides this the chorus gave a concert each night for Saints and investigators in the cities they visited. One concert was in the Governor's Mansion at Albany before Gov. Thomas Dewey and fifty people, where a Book of Mormon was presented to the governor who then spoke of his visit to Salt Lake City last summer and a long interview he had with President Smith who also presented him with a Book of Mormon.

After the 2100 mile tour the Elders' Chorus returned to their quarters delighted with the feeling that prejudice had been allayed, and seeds planted. But after one free day at quarters Elder Nielsen found that the chorus was booked solid for the next 17 days, mostly in Philadelphia before high schools, churches, etc.

At one church Elder Nielsen was scheduled to speak before the young adults on "The Philosophy of Mormonism," while Elder Farnsworth, his companion, spoke on the history and organization of the Church, and the chorus rendered numbers.

What other church in all the world can thus send out its four thousand young missionaries, full of talent, cleanliness, and testimony, to offer again true Gospel hope and rescue for a bewildered, misguided world?

Humbly we feel to say, "Thanks be to God."

Maxwell Pk. Ward

Our Christmas party held December 23, in our Ward hall was a big success. A fine program featuring such promising acts as the Martin Jr. Quartette, musical selections by Joan Moody, Gerry Compton, and Mary Ellen Rowe, readings by Patsy Stewart and Helen Arnold. To top it off, the Primary presented a one-act play, "Santa Locked Out" that was delightfully entertaining. Santa arrived with bubble gum, balloons, nuts and candy for all the good boys and girls.

It has been a wonderful holiday season for the Maxewell Park ward. Everyone has enjoyed the various parties, dances and socials which have been featured during the past month.

We were glad to welcome home George and Jean Sweeten who are visiting from Malad, Idaho during the holidays. Also home from college were Bob and Jack Schatz.

The Mutual officers and teachers and their partners enjoyed a delightful evening at the home of Brother and Sister Wendell Martin December 20. Games and refreshments were the feature of the evening.

We have heard much favorable comment on the lovely dancing parties being sponsored by the M. Men and Gleaners. They are all very well arranged and attended and we wish to offer congratulations to all who whave had a part in planning these lovely events.

A speedy recovery and smooth sailing during the New Year is wished for Leslie Heath who underwent an appendectomy recently.

It was a treat for all who attended Sacrament meeting Sunday, December 28, to hear as a special speaker, Brother William T. Hicken of the Berkeley stake.

We wish to extend to all of you a very happy and prosperous New Year. Come out and meet with us socially and spiritually that we may gain from each other and enrich our lives by becoming better friends in the coming year.

Fairfield Branch

Fairfield Branch members regret the loss of two very active members, Brother and Sister Carl Kinkaid, and their two small sons, Dale and Ross, who will henceforth be affiliated with Vallejo ward. The Kinkaids moved to Vallejo so Carl would be nearer his work at Mare Island. They were honored at a farewell party, attended by nearly 60 of their friends, on the avening of January 2.

Raymond E. Campbell and his eight-year-old daughter, Royce Elaine, were baptised into the Church at the last baptismal services in Oakland. The Campbell family, consisting of Brother and Sister Campbell and their four daughters, are all converts to the Church.

Two missionaries, Elder D. R. Stringfellow and his wife, Sister Lea Stringfellow, from Ashland, Oregon are temporarily stationed in Fairfield while supervising the publication of a city directfor Ashland. The young couple have been heartily welcomed in the community as they are the first missionaries to visit here since Fairifeld Branch was organized nearly two years ago.

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Remarkable Conversion

(Continued from Page 1)

cause it still had not burned, and preparing to relight it he again heard a distinct voice say, "Don't do it. The book is true." When these words were repeated he returned to see if his wife had spoken them and then poured more oil. Still the book did not burn and again the voice repeated the words, "Don't do it; the book is true." They were clear, just as clear as though someone was there speaking; he felt that he was not to burn the book, lest he burn the word of God, and he tried to rescue the book.

Later he went into the house to write a letter to his daughter and to relate this experience to her, but to his surprise, the voice again told him not to write at that time. He felt that he should wait until she would be shown his change of feelings. Soon afterwards he secured a Book of Mormon from a local member of the Church in Austin and read it. Six months elapsed, and then one night his daughter in Salt Lake City had a dream, in which she went to the top of a tall building and looking down, saw and heard her father preaching and saying that he had accepted the Book of Mormon and now they knew that Joseph Smith was a true phophet. She also saw her mother and heard her say that she had accepted the Gospel also.

Sister Beck, then in Salt Lake, wrote a letter to her father and mother and told them the dream, but, she added, that she hoped they would not be offended in regard to it. She received an air-mail letter from her father declaring that that dream had united their testimonials and he then told her of his experience of attempting to burn the Book of Mormon. The Reverend Mathews soon had to quit preaching to his Baptist audiences for they perceived that his doctrine were not their creed and called upon him for an explanation. He gave them his story and then handed in his resignation, and went among the people testifying of his experiences and reaching many ears, even before his baptism in the Church of Jesus Christ of Latter-day Saints.

In due time Sister Beck visited her parents in Austin and they rejoiced together. Her father has written a pamphlet entitled, "The Burning of the Book." It was this pamphlet which President W. Glenn Harmon happened to pick up in the Deseret Book Store when he was in Salt Lake last July and which led him to attend a service in Lincoln ward in Salt Lake one Sunday where he heard the story which we have just related from the lips of Sister Beck. Her visit here is a result of that meeting in Salt Lake.

In the testimony which Sister Beck bore, she mentioned several differences between Gospel doctrine and the creeds which she had accepted before. Among these doctrines are pre-existence, the personality of God, the plan of life and salvation, understanding of the purposes of earth life, our second estate, the doctrine of eternal progression, the three degrees of glory, baptism for the dead, and sealings for the living and the dead. She said, "These doctrines mean so much to me now, but some of us, perhaps even some who have been born in the church, get in a rut about the Gospel and become inactive, even doubtful."

One day in Salt Lake City she related how she had asked one Latter-day Saint about the meaning of the term Jack-Mormon. She says he pointed to a tree, for it was early in the spring, and said that the dead limbs that they could see were like these Jack-Mormons who let the cares of the world or worldly interests choke out their life interest in the Gospel. He pointed to some small limbs and the leaves that had fallen to the ground, and then to other limbs on the tree that were full of life and bearing beautiful green leaves. The first were like the inactive and the latter the active Church members.

"It is a shame," Sister Beck continued, "that we allow these things to happen in this life. We have to bear up under many trials and to continue faithful even in spite of many temptations. I know the truth of the Gospel and these principles beyond the shadow of a doubt, and bear you this testimony."

Church Adult Opinion Poll

(Continued from page one)

"The Way to Perfection," "Youth and the Church," "Articles of Faith," "Unto the Hills," and "Discourses of Brigham Young."

6. Surprisingly, fully 30 per cent of the adults reported that they read no part of the Era month by month. Coming to the question as to what part of the Era is read by those who do read it at all the figure runs about 50 per cent on the average, and ranges from 10 per cent to 100 per cent. With our radio programs, our plethora of reading matter, and our busy lives it seems that reading Church books, periodicals, and scriptures comes off a bad second at best. It seems to be a test of a strong will to put first things first, and to read the best first lest we read it not at all. Sad to say.

7. In the judgment of the adults the things needed to better socialize our young people include interstake dances and socials in interstake halls (badly needed,) and better mixing at these dances and socials to break up cliques of all sorts. One suggestion was that parents can help by often gathering young people into their own homes.

8. Eye-opener of the adult poll was the response to the question, "Do you think it would be wise and practical to have a swimming pool as part of the proposed Youth Center on the interstake tabernacle grounds? Naturally the youths in their October poll were 99 per cent in favor of the idea. Now the adults vote 75 per cent for the provision, and would add other recreational features so as to offer a center with most of the facilities of the pattern set by the well-known YMCAs.

9. The more serious temptations confronting our youths today, the adults think, include social drinking and smoking, going with wrong crowds, too much liesure time, Sabbath breaking, going elsewhere for socials in preference to our own offerings, and evil pointed movies. It will be noted that the young people mentioned all these, and added many more (see the October Messenger).

10. The adults prove to be much more stable in their doctrinal faith than the young people. Age seems to have resolved wonderings. Asked if they had any difficulties in doctrinal matters, 60 per cent answered, "No," compared to 40 per cent among the youths. Only four doubts were listed and these came, one each from four different people. The doubts were in regard to preexistence, that man may become as is God, plural marriage, and the bar to progress from one future kingdom to another.

All in all the two opinion polls reveal a rather healthy-minded spirituality, and a feeling for progress and improvement on the part of both youths and adults in our stakes. Certain weaknesses are frankly pointed out, but the replies are constructive and show a real yearning for the gospel, for deeper spirituality in our group and individual living in the Church.

Liahona Club News

The annual Ladies' night of the Liahona Club, the local club of Latter-day Saints business and professional people, was held December 29 in the Berkeley chapel and was pronounced by all as one of the season's delights. The evening's offerings consisted of a program, dance and refreshments. On the program were heard vocal solos by Emmy Stam and negro impersonations by her gifted daughter, readings by Don Wood, humorous stories by Elmer Harker, magician acts by entertainer Don Russell, and a skit by Curt Millward.

The dancing to lovely orchestra music was made very pleasant by the artistic Christmas decorations of the hall, and the abundance of fun makers and refreshments. Planned by a committee headed by Dr. Ray Knight, the parry was declared by all as in keeping with the high standards for Ladies Night already set by the Club.

Gold! Gold! Gold!

(Continued from Page 1)

and in dire need of all her young manhood, for great had been the havoc wrought upon her face by her foes. The call had reached them here in California to gather up the wealth they could until the snows of the mountains melted, and then make way to Zion and loved ones. That they did just that is what constitutes their chief memorial.

They did the unusual thing; the self-denying thing; the noble thing! When all about them men were loosing their heads and their ideals in the mad scramble for wealth the "Battalion boys" left the rare chances they had for wealth and, looking not behind them, they took their pilgrimage to the place where the people of God were struggling against what then seemed hopeless handicaps.

The chances they had for gathering gold were second to none for they were first on the field. For such chances half the world would have given their right arms. These hardy Mormon men, with a full realization and appreciation of the step they were taking, and of the sacrifice they were about to make, counted as dross the shining metal at Coloma in comparison to the gold of the Kingdom and the light that was in their souls.

All the world loves the idealist who is able to stand by his ideals at the price of some sizeable sacrifice. The Mormon Battalion members in California at the time of the discovery of gold were such idealists. They left this sunnier clime, these inviting fertile valleys, and the open store houses of nature's gold in the Sierras and chose to trek over the hot, long deserts of Nevada, and to settle in the sagebrush valleys of Utah because of their ideals, their dreams, and their visions.

All honor to them!

Vallejo Ward News

Mr. and Mrs. Jay Nielsen are now together in Philadelphia where they are working together as missionaires in the Clairton branch of the Eastern States Mission. They are over the Primary organization.

On December 16, a cast of fifty-seven people sang and dramatized the lovely cantanta and pageant, "The Star", which depicted the birth of Christ. It was directed by the M. I. A. choristers, Clarence Lewis and Sarah Neerings with Dora Fae Olsen as accompanist.

The Primary and Sunday School children were delightfully entertained with a program and party just before Christmas. Santa Claus greeted them with a big treat. Also during the holidays, they were entertained with cartoons and dancing.

Mr. and Mrs. Henry Neerings and family, motored to Oceanside, California for Christmas and the holidays.

Guests at the home of Mr. and Mrs. Dick Lowry during the holidays were Mr. and Mrs. Lewis Hardcastle and Mr. and Mrs. Glen Whitmore, all of Long Beach.

Mr. and Mrs. T. H. Nott are vacationing in Southern California, where they went to attend the Rose Bowl game and parade.

Mrs. Harvey Nielsen was proud to present ten of her students in a piano recital, December 29, at the church. Besides the piano numbers the audience was pleased with vocal solos by Mr. Nielsen and also a reading by Carol Harvey.

Vallejo ward can well boast of their basketball team. They participated in the four-stake tournament and played the final game in Vallejo, Monday, December 29, with a score of 47 to 26, defeating the San Francisco ward team. Our players who are coached by Max Warr, are Harold Severson, Albert Harris, Melvin Nielsen, Jerry Hinton, Arthur Clima and Melvin Hill.

On November 17, the fifth child, a daughter, Rosalee, was born to Mr. and Mrs. Arthur Harvey.

Glen and Leora Zundell were blessed with a baby son on December 17. They have two daughters.

Mr. and Mrs. Alexander Williams are rejoicing over the arrival of their new daughter on December 30. They have two sons.

VALLEJO WARD COMING EVENTS

January 16—Leap year informal dance.
January 24—Junior Girl and Explorer stake party.
February 6—Movie, "Tarzan Triumph's".
February 13—"Sweetheart Ball".

"CUMORAH—WHERE?" THREE EVALUATIONS

Thomas S. Ferguson has apparently stirred up a world of discussion by his new book, "Cumorah Where?" Among the responses are these three.

Dr. John A. Widtsoe says: "Students are not agreed on the main facts that must form the basis of the Book of Mormon geography. . . . This interesting subject is well handled in this informative book, 'Cumorah—Where?' . . . The temperate presentation of the subject in this book will please and inform all students of the Book of Mormon."

Dr. Eugene Hilton expresses the opinion that: "Many of our people will get considerable good from reading Brother Ferguson's 'Cumorah—Where?' Such studies of the Book of Mormon by our capable young people may well influence others to read this sacred volume and be strengthened in their faith."

Isaac B. Ball ,after reading the proof sheets of "Cumorah—Where?" declared: "I am amazed at the wealth of documented evidence marshalled in this book for the view that Cumorah should geographically be placed in Central America. But let that be as it may, yet the remarkable consistency of all the scattered references to Book of Mormon placenames which Brother Ferguson has here gathered together is to me a marvelous testimony, and sound internal evidence of the validity of that book's claim as genuine history of actual people in precise locations."

"Cumorah — Where?" is now available at ward book tables.

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